

Intensive & Focused COVID-19 Campaign



UNLOCK WITH PRECAUTIONS

Unlock Does Not Mean The End Of The Pandemic

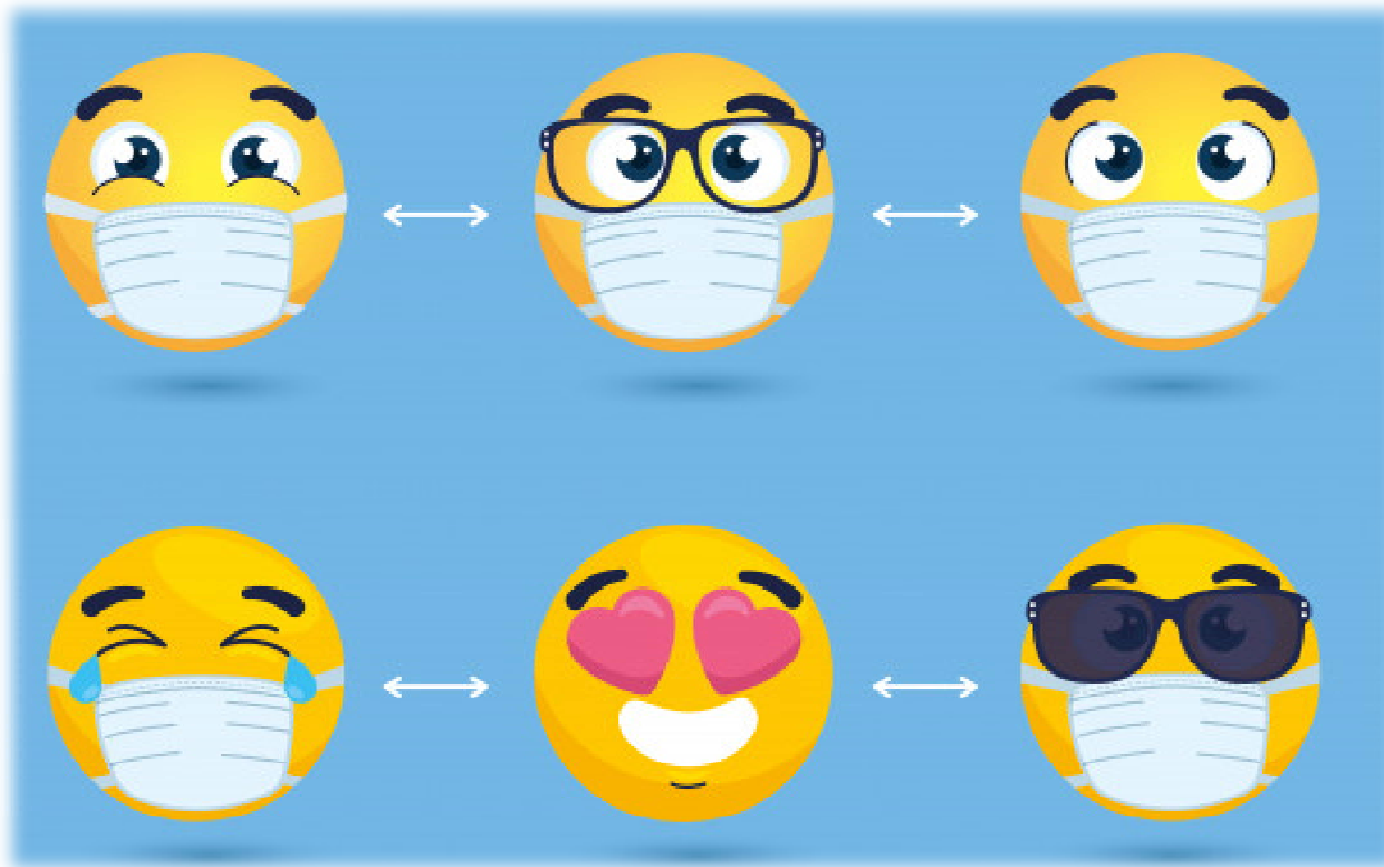
- **Follow COVID-19 Appropriate Behaviour.**
- **Embrace Technology.**
- **Wear Masks.**
- **Observe Physical Distancing.**
- **Maintain Hand Hygiene.**



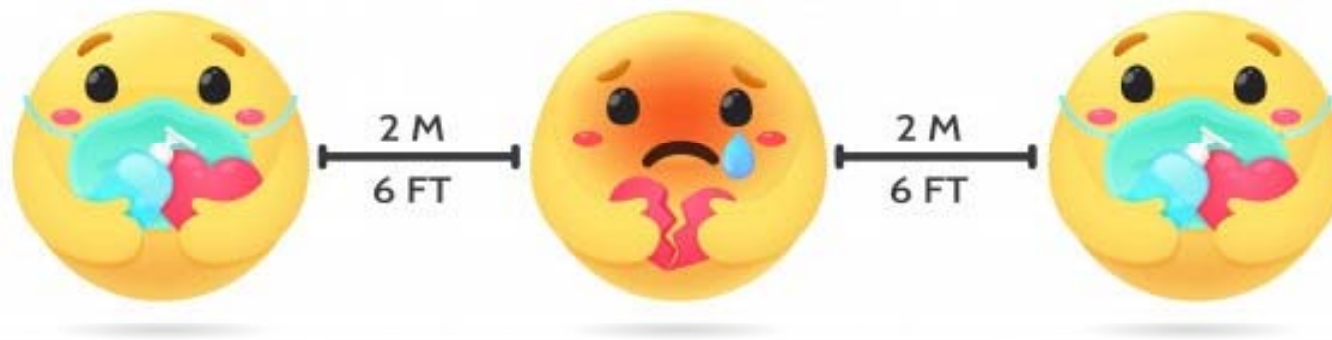
UNLOCK DOES NOT MEAN THE END OF THE PANDEMIC



Follow COVID-19 Appropriate Behaviour.....Wear Masks



Observe Social Distancing



.... Maintain Physical Distance

Embrace Technology

- ✓ WORK FROM HOME
- ✓ E- REPORTS
- ✓ E- MEETS
- ✓ WEBINARS
- ✓ E- MAILS
- ✓ E- BANKING etc...



Maintain Hand Hygiene

Steps of Hand Washing

- ✓ Step 1: Wet Hands. Wet your hands and apply enough liquid soap to create a good lather. ...
- ✓ Step 2: Rub Palms Together. ...
- ✓ Step 3: Rub the Back of Hands. ...
- ✓ Step 4: Interlink Your Fingers. ...
- ✓ Step 5: Cup Your Fingers. ...
- ✓ Step 6: Clean the Thumbs. ...
- ✓ Step 7: Rub Palms with Your Fingers.



RINSE HANDS WITH CLEAN WATER



WASH YOUR HANDS



WATER AND SOAP



PALM TO PALM



BETWEEN FINGERS



FOCUS ON THUMBS



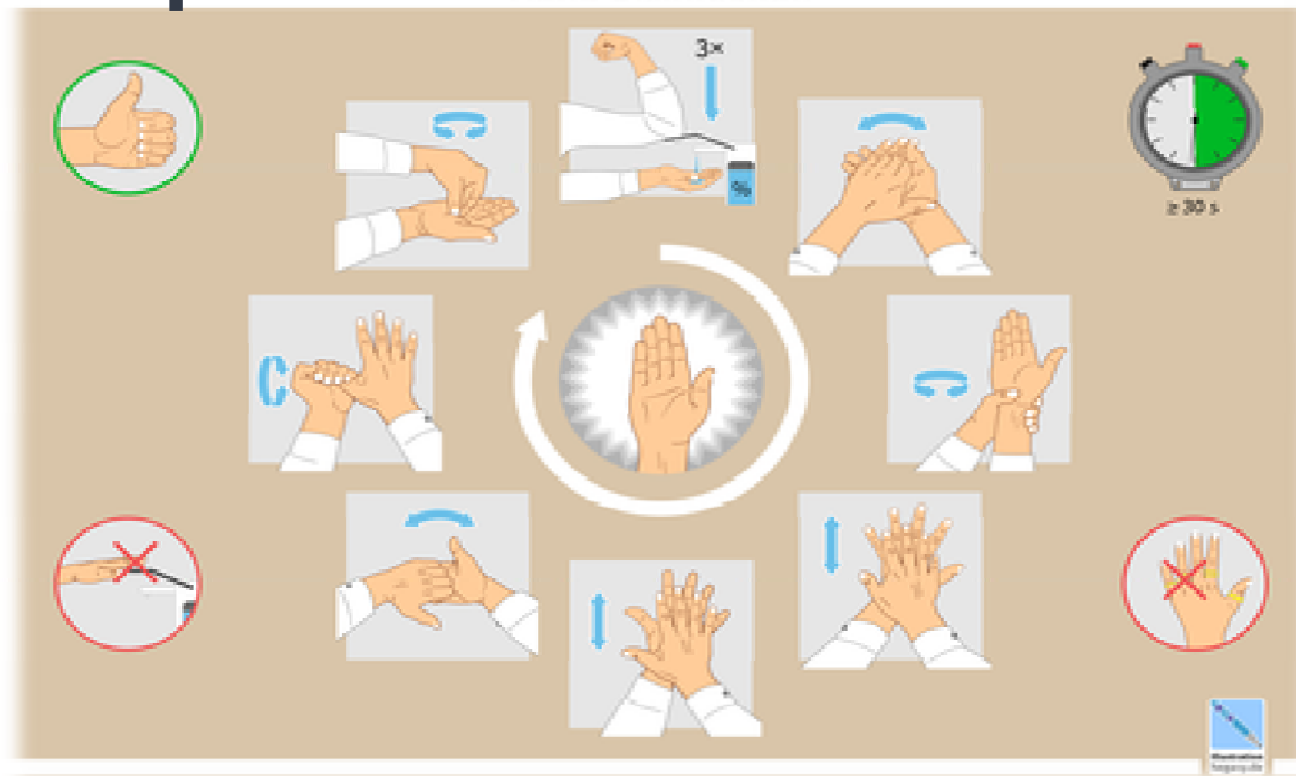
BACK OF HANDS



FOCUS ON WRISTS



Where Hand Wash is not possible Use Sanitizer



Points to Remember

- ✓ Bear social responsibility.
- ✓ Follow rules
- ✓ Use Aarogya Setu App.
- ✓ Follow testing and health seeking behaviour.
- ✓ Boost immunity follow healthy measures.
- ✓ Follow safe and healthy practices.
- ✓ Do not spit in open places and Dispose off mucus / masks safely.
- ✓ Keep your surroundings clean.
- ✓ Avoid visiting crowded shows and places.
- ✓ Use safe modes of travelling for commuting from one place to another.



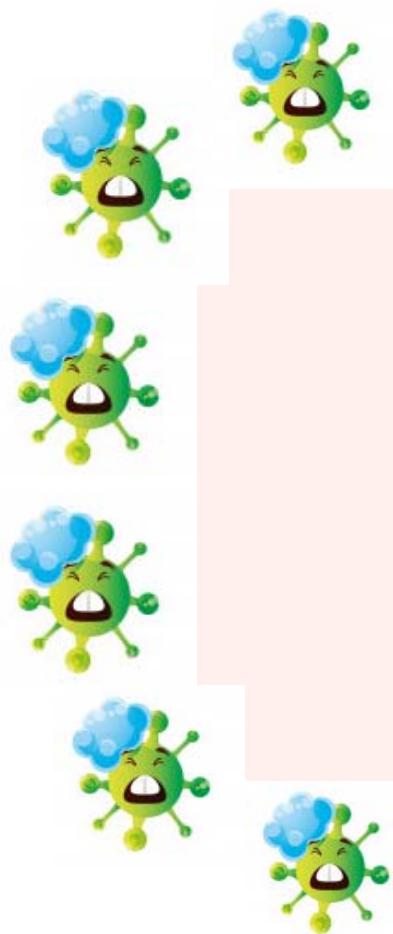
STAY SAFE ...



...ALWAYS & EVERYWHERE



JOIN HANDS TO DEFEAT CORONA



NO LAPSE
TILL
VACCINE
INVENTED



“
THANKS
FOR
EFFECTIVELY
COMBATING
COVID 19

**BMDAV PUBLIC SCHOOL,
BHUPATWALA, HARIDWAR**

